

Asian Pain Academy

# FELLOWSHIP IN ULTRASOUND GUIDED PROCEDURES IN PAIN MEDICINE

6 Months Online Course | Weekly  
classes | Live Demonstration |  
Every Tuesday | 6:00 - 7:30 PM (IST)



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opportunity to Skill Up and  
redefine your learning journey.

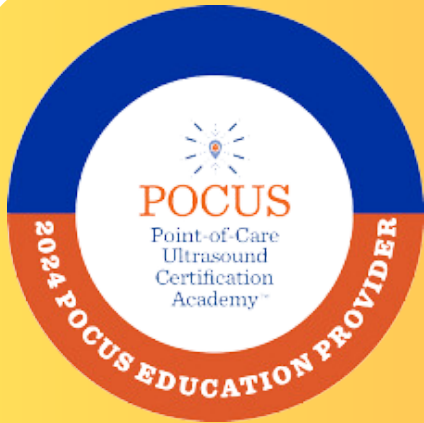
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# Asian Pain Academy

The Asian Pain Academy provides specialized education in pain medicine, offering online courses, hands-on workshops, and fellowships to enhance skills in advanced pain management techniques. Their programs are designed for healthcare professionals seeking expertise in pain management interventions and ultrasound-guided procedures.



**Asian Pain Academy is the official  
POCUS Education Provider,  
Accredited  
Training and Learning Partner**

**Asian Pain Academy (Republic  
of India) Is an Accredited  
Learning Partner of Skill  
Development Council Canada**



**Skill Development  
Council Canada**

Partner Code - 1133

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6 Months Online Course | weekly classes |  
Live Demonstration | Every Tuesday 6:00 - 7:30 PM (IST)

**Enroll Now**

- 6-Month Curriculum, Weekly Live Classes (Live & Interactive)
- Senior Faculty
- Flexible Access: Study anytime with session recordings. Recordings Will be available till the end of the course.
- Collaborative Learning
- Advanced Tools: Use 3D anatomy & real-time ultrasound demos.
- Picture-in-Picture Mode: View Scans with Probe Position & diagrams.
- Access study materials
- Post-Course Evaluation



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MODULES FOR MSK COURSE -

The following Topics will be covered in 26 Modules

## ***USG Basics***

- USG Basics & Tissue Characterization, understanding sound wave basics, - Know machine parts: transducer, display, processing units. Explore 2D, 3D, Doppler imaging, And echo terminology. Recognize limitations.
- Basic Mechanism of Injectate in Musculoskeletal Pathologies



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MODULES FOR MSK COURSE -

The following Topics will be covered in 26 Modules

## *Shoulder Joint*

- Shoulder Anatomy and Sono-anatomy, Pathology, and Interventions. Rotator cuff - Supraspinatus muscle, Infraspinatus muscle, Subscapularis, Rotator Cuff Interval; Biceps long and short head; Various impingements affecting the shoulder; Different nerve blocks - Suprascapular Nerve, Axillary Nerve, Lat pectoral nerve; Anterior and Posterior GH Joint, Labrum, Acromioclavicular joint; Ligaments around the shoulder, including those associated with the Rotator cuff, Biceps, and the Glenohumeral (GH) joint.
- USG Guided Interventions - Intra-articular Injections, Subacromial Bursa Injections, Glenohumeral Joint Injections, Biceps Tendon Sheath Injections, Acromioclavicular (AC) Joint Injections, Barbotage for Calcific Tendinitis, Tenotomy or Tenodesis, Peripheral Nerve Blocks.



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MODULES FOR MSK COURSE -

The following Topics will be covered in 26 Modules

## *Elbow Joint*

- Elbow Anatomy and Sono-anatomy, Pathology, and Interventions
- 1. Anterior elbow: Brachialis, Distal Biceps Tendon Different Examination Views, Brachial Artery, Median Nerve, Anterior Joint Recess, Coronoid fossa, Radial Fossa, Coronoid process
- 2. Medial Elbow: Common Flexor Tendon, Medial Collateral Ligament, Cubital Tunnel, Examination of ulnar nerve, Sublimus tubercle
- 3. Lateral Elbow: Common Extensor Tendon, Lateral Collateral Ligament complex, Annular Ligament, Supinator muscle, Deep Branch and Superficial branch of the radial nerve, Brachioradialis
- 4. Posterior Elbow: Triceps Tendon, Olecranon Process, Subcutaneous Bursa and Posterior Joint recess, Olecranon Fossa
- USG Guided Interventions - Intra-articular Injections, Lateral Epicondyle (Tennis Elbow) Injections, Medial Epicondyle (Golfer's Elbow) Injections, Olecranon Bursa Injections, Radial Nerve Block, Ulnar Nerve Block.



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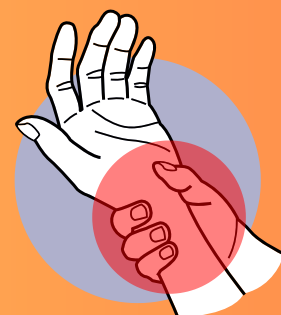


MODULES FOR MSK COURSE -

The following Topics will be covered in 26 Modules

### *Wrist Joint*

- Wrist Anatomy and Sono-anatomy, Pathology, and Interventions
- 1. Dorsal Wrist: Lister Tubercle, Dorsal compartments I-VI, Radiocarpal joint, Midcarpal joint, Carpometacarpal joint.
- 2. Carpal bones identification of both palmar and dorsal view; Extrinsic and Intrinsic ligaments, both palmar and dorsal
- 3. TFCC: Articular disc, meniscus homolog, Ulnar collateral ligaments, dorsal and volar radioulnar ligaments
- 4. Proximal and Distal Carpal Tunnel and its contents
- 5. Ulnar artery and nerve in proximal and distal Guyon's Canal, FCR, FCU, Palmaris longus, FDS, FDP, FPL
- USG Guided Interventions - Carpal Tunnel Injection, De Quervain's Tenosynovitis Injection, Radiocarpal Joint Injection, Midcarpal Joint Injection, Triangular Fibrocartilage Complex (TFCC) Injection, Extensor Pollicis Brevis (EPB) Injection, Flexor Carpi Radialis (FCR) Injection.



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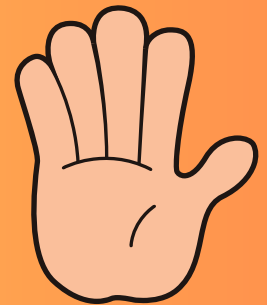


MODULES FOR MSK COURSE -

The following Topics will be covered in 26 Modules

## *Hand*

- Hand Anatomy and Sono-anatomy, Pathology, and Interventions
- Phalangeal bones
- Thenar & hypothenar muscles
- A1 Pulley
- USG Guided Interventions - Metacarpophalangeal (MCP) Joint Injection, Proximal Interphalangeal (PIP) Joint Injection, Distal Interphalangeal (DIP) Joint Injection, Trigger Finger Injection, Flexor Tendon Sheath Injection, Extensor Tendon Sheath Injection, Carpal Tunnel Injection.



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MODULES FOR MSK COURSE -

The following Topics will be covered in 26 Modules

## *HIP Joint*

- HIP Joint - 1. Anterior & Medial Hip: Capsule of the hip, Psoas tendon, Iliacus tendon, Femoral Nerve, Genitofemoral N, Lat Femoral Cut N, Obturator N, PENG Block, Adductor Tendinitis.
- 2. Lateral Hip: Gluteal Muscles' Tendinous Insertions, Different Bursitis, Greater trochanteric pain syndrome.
- 3. Posterior Hip: Sciatic Nerve Block, Pudendal Nerve Block, Piriformis Injection, Ischio-gluteal Bursa.
- USG Guided Interventions - Intra-articular Hip Joint Injection, Trochanteric Bursa Injection, Iliopsoas Tendon Sheath Injection, Ischial Bursa Injection, and Greater Trochanteric Pain Syndrome Injection.



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MODULES FOR MSK COURSE -

The following Topics will be covered in 26 Modules

### ***Knee Joint***

- 1. Anterior: Rectus Femoris, Vastus intermediate, Lateralis, Medialis Quadriceps Tendon, Suprapatellar recess, Suprapatellar Fat Pad, Pre-femoral Fat Pad, Distal Femur, Medial, and Lateral joint Recess, Patellar Tendon, Infrapatellar fat pad, Pre and Infrapatellar Bursa (Superficial and Deep), ACL in long and short axis.
- 2. Medial Knee: Medial collateral ligament (Superficial and deep layer), Medial Joint space, Medial Meniscus, Pes anserine bursa, Genicular artery, Medial patellar retinaculum, patella-femoral ligament.
- 3. Adductor canal: Saphenous nerve, nerve to Vastus Medialis, sub sartorial plexus.
- 4. Lateral: Biceps Femoris, ITB, Lateral collateral ligament, Lateral joint space, Lateral meniscus.
- 5. Posterior Knee: Semimembranosus, Semitendinosus, Lateral, and Medial Gastrocnemius, Popliteal and Sciatic Nerve, PCL, Posterior Joint space, Common Peroneal Nerve, Lat sural cutaneous nerve.
- USG Guided Interventions - Intra-articular Knee Joint Injection, Suprapatellar Bursa Injection, Infrapatellar Bursa Injection, Pes Anserinus Bursa Injection, Prepatellar Bursa Injection, Baker's Cyst Aspiration, Medial Collateral Ligament (MCL) Injection, Lateral Collateral Ligament (LCL) Injection.



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MODULES FOR MSK COURSE -

The following Topics will be covered in 26 Modules

## *Ankle Joint*

- 1. Anterior Ankle: Tibialis Anterior, EHL, EDL, Deep peroneal nerve, Anterior Tibial Artery, Anterior Joint recess, Great saphenous vein, Saphenous nerve, Superior and Inferior Extensor retinaculum.
- 2. Medial Ankle: Tibialis Posterior, FHL, FDL, Tibial nerve, Posterior tibial artery, Flexor retinaculum, Deltoid Ligament (all parts), Spring Ligament.
- 3. Lateral Ankle: Peroneus longus and brevis, Superficial peroneal nerve, Calcaneo fibular ligament, Anterior inferior Tibiofibular, Anterior Talofibular Ligament.
- 4. Posterior Ankle: Achilles Tendon formation, Retrocalcaneal bursa, Subtalar joint, Soleus, Gastrocnemius, Sural Nerve.
- USG Guided Interventions - Intra-articular Ankle Joint Injection, Subtalar Joint Injection, Retrocalcaneal Bursa Injection, Anterior Talofibular Ligament (ATFL) Injection, Posterior Talofibular Ligament (PTFL) Injection.



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MODULES FOR MSK COURSE -

The following Topics will be covered in 26 Modules

### *Foot*

- Foot Anatomy and Sonoanatomy Pathology and Interventions:
- USG Guided Interventions:
- Plantar Fascia Injection: For plantar fasciitis relief, targeting inflammation in the fascia.
- Achilles Tendon Injection: To treat Achilles tendinopathy and reduce pain and inflammation.
- Retrocalcaneal Bursa Injection: For bursitis, relieving pain behind the heel.
- Subtalar Joint Injection: To address subtalar arthritis and improve joint mobility.
- Deltoid Ligament Injection: For managing ligament injury and reducing inflammation.
- Tarsal Tunnel Injection: Treating tarsal tunnel syndrome by reducing pressure on the tibial nerve.
- Metatarsophalangeal (MTP) Joint Injection: Relieving pain and inflammation in the big toe joint.
- Peroneal Tendon Injection: Managing tendinopathy or tenosynovitis of the peroneal tendons.
- Interdigital (Morton's) Neuroma Injection: Treating nerve pain between the toes to reduce discomfort.



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MODULES FOR MSK COURSE -

The following Topics will be covered in 26 Modules

## *Head and Cervical Spine*

- Nerves of the Head, Pathology, and Interventions Supra-orbital, Infra-orbital, Mental, Maxillary, Mandibular, Auriculo-temporal
- Anatomy and Sonoanatomy of the Neck, Pathology and Interventions
- Greater Occipital, 3rd Occipital, Cervical Root, Cervical Medial Branch, Lesser Occipital, Greater Auricular, Cervical Plexus, Stellate Ganglion, cervical nerve roots, muscles of anterior and posterior neck, brachial plexus
- USG Guided Interventions- Temporomandibular Joint (TMJ) Injection. Mandibular and Maxillary Nerve Block, Greater Occipital Nerve Block, Lesser Occipital Nerve Block, Supraorbital Nerve Block, Infraorbital Nerve Block, Mental Nerve Block., Stellate Ganglion Block



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MODULES FOR MSK COURSE -

The following Topics will be covered in 26 Modules

## *Thoracic Spine*

- Thoracic Spine: Anatomy and Sonoanatomy of Thoracic Spine and Interventions
- Dorsal scapular nerve, Spinal accessory nerve, Thoracic Spine Sono-anatomy, Intercostal muscles, artery and nerves, paravertebral blocks, PEC1/PEC2 blocks, SAP blocks, intercostal nerve block
- USG Guided Interventions - Paravertebral Nerve Block, Intercostal Nerve Block, Serratus Anterior Plane Block, Erector Spinae Plane Block.



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MODULES FOR MSK COURSE -

The following Topics will be covered in 26 Modules

## *Lumbar and Sacral Spine*

- Anatomy and Sonoanatomy of Lumbar Spine.
- USG Guided Interventions - Lumbar facet, medial branch, QL blocks, erector spine block, dorsal ramus block, Ilioinguinal N, Iliohypogastric N and anterior cutaneous nerves, rectus sheath block, TAP block, USG assisted spinal and epidural, lumbar plexus block, caudal epidural block, SI joint injection, Piriformis injection



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Registration Fees & Cancellation Policy: -

## *Registration Fees*

Course Fee -

- International \$ 600 ( ₹ 49,800/-)
- Indian and SAARC Countries ₹ 35000/-

## *Refund Policy*

- 100% - Fees are refundable 1 month before the first Class
- 50% - 15 days prior
- 25% - 7 days prior
- 0% - 2 days prior
- Under No Circumstances The Fee Could Be Carried Forward to the Next Course.



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